

Diversity Equity & Inclusion ΔΙΙ Missouri o f

AAUW MO Diversity, Equity and Inclusion

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Inclusion Infusion information is from the National DEI Toolkit On AAUW MO Website after May 15, 2023 aauw-mo.aauw.net





Our DEI Journey – What brought us here?

What brought you here?

2018 – 2019 Diversity Task Force was formed by State Board
2019 – 2020 DEI activities reflected in MO State 10 STAR Award
2020 – 2021 DEI Chair appointed to serve on the Board Statewide committee created
2021 – 2022 DEI Committee chose to focus on increased awareness and knowledge of terms Created 2 PowerPoint presentations – for state & branch
2022 – 2023 Created Inclusion Infusion Activities



Why Promote Equity?

AAUW is the nation's premier organization:

- Fighting for gender equity
- Advocating to narrow the pay gap for women
- Championing equal opportunity for women in education
- Working together to support laws and policies that enable women's success



INCLUSION INFUSION

WHAT IS THIS AND WHY?

Purpose: Introduce elements of DEI to members in a simple format

Time: Each activity should take approximately 10 minutes

Goals:

- Member awareness and personal growth
- Become comfortable discussing and sharing honest feelings
- DEI Focus in all areas of AAUW
- Continue to learn and grow in our understanding
- Collaborate with other groups to bring community awareness



Why and How did Missouri create Inclusion Infusion?



- ✓ National DEI Toolkit is an excellent resource, but not easy to maneuver the website
- Different levels of understanding ranging from kindergarten to high school and beyond
- ✓ The label Inclusion Infusion sounded perfect for what we hoped to accomplish
- ✓ Start simple
- ✓ Make it very easy to understand, implement, and customize
- ✓ Components are copied from the DEI Toolkit

✓ Inclusion Infusion has become a 'one-stop-shop'



Inclusion Infusion Topics

- Diversity
- Equity
- Inclusion
- Belonging
- Intersectionality
- Unconscious Bias
- More being developed

Diversity File / Resources



- Newsletter Item
- Resources Definition
- Worksheet
- Additional Reading Resources
- Bingo Card Activity

Inclusion File / Resources

 \circ Newsletter Info – several versions

 \circ Resources

DEI Toolkit

UMKC Library

- Worksheet
- National Webinars
 - **Creating Inclusive Spaces**
 - Is Your Perspective Inclusive



How to make Inclusion Infusion Happen

First session will take more than 10 minutes

- Important to Set Ground Rules
- Explain how the activities will happen and why you are doing them
- Share the goals or desired outcome
- Give **example** or definition of Topic
- Break into small groups
- Each person has a 'Worksheet' with the discussion Topic
- One person **records** ideas/thoughts shared
- One person **reports** back to full group



Ground Rules

Listen actively – respect other when the are talking

Participate to the fullest of your ability based on where you are on the DEI learning curve. Growth depends on the inclusion of every voice.

The goal is not to agree – it is to gain a deeper understanding.

You only have 5 minutes.

Don't get side-tracked on a topic. We are not problem solving – that will come later.

What does DIVERSITY mean to you?

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Diversity Worksheet

Get Comfortable – being Uncomfortable

This puzzle piece is just to show some areas of Diversity

What is the first thing you think of when you hear the word Diversity? What does diversity look and feel like to you personally? What does diversity look like in your branch?

Diversity isn't just black and white

- 1. Gender Equality
- 2. Age / Generation Gaps
- 3. Language / Communication
- 4. Race / National Origin
- 5. Religious Beliefs
- 6. Physical Ability / Disability
- 7. Ethnic / Cultural Differences



Newsletters / Communications



- Share Inclusion Infusion Topic in newsletter prior to meeting
- Resources are prepared for you
- Copy / Paste / Add / Delete
- Make the resources work for you
- Share Inclusion Infusion discussion comments in Newsletter after meeting AND share the Topic for next meeting

Newsletter example

Diversity – Definition

• Includes everyone: all ages, gender, language, race, national origin, religious beliefs, physical ability / disability, sexual orientation, skills, thinking styles, ethnic and cultural differences

• Characteristics that make each of us unique

• It's not about 'them' – it is about each person coming to terms with his or her attitudes, beliefs and experiences about others and gaining comfort with differences

At our September 27 meeting, we will share our thoughts about diversity in our branch.

Optional Reading Resource – What is Organizational Diversity? What are the benefits? Copy and paste this link into your browser.

https://r.search.yahoo.com/_ylt=AwrEofzMdBZjpB4No.1XN yoA;_ylu=Y29sbwNiZjEEcG9zAzQEdnRpZAMEc2VjA3Ny/ RV=2/RE=1662444876/RO=10/RU=https%3a%2f%2fpeopl edynamics.co%2forganizational-

diversity%2f/RK=2/RS=jjoY4xWrlZV85a3n3bRmqBPbYrE-

2022-2023 State Activities

- State DEI Committee meets monthly via Zoom
- Open discussions on DEI with committee
- One-on-one discussions with DEI State Chair
- Sharing ideas / events with other branches
- Challenges / Successes



2022-2023 Branch Activities



Outreach to each branch regarding DEI

Encourage to have DEI Chair Discuss DEI topic of their choice at meetings

Group discussions at meetings

Inclusion Infusion activity

Branches decide on different DEI activities

Book Club Cuisine Club

Programs – different speakers

DEI topics

Panel discussions

Include DEI article in Newsletters / Communications

Stronger Together – Making Equity the Norm as we advocate for women and girls



