

Help at Long Last

Women & Caregiving

Nearly a quarter of U.S. households have the challenge of caring for an elderly loved one. Most of the caregivers are women. Women are also the primary caregivers of children with chronic illness. If you're one of them, chances are you've had to balance the daunting tasks with work. That can mean taking frequent time off or even giving up a job entirely.

Health Proponent can step in to lighten the load. As a member, you receive expert, personalized help to navigate burdensome healthcare and insurance-related issues, including those relating to caregiving.

We do the Legwork

Just call to speak to a Personal Health Advocate (PHA). Your PHA is typically a registered nurse, supported by medical directors, and benefits and claims specialists.

We work with your insurance and providers and get you the right help at the right time for your peace of mind.

Your PHA can:

- **Find the right providers:** leading doctors and treatment centers
- **Locate services:** in-home care, adult day care, respite care
- **Schedule appointments:** facilitate earliest time with specialists
- **Clarify insurance coverage:** help find other options
- **Address billing and claims issues:** includes help to reduce out-of-pocket costs
- **Facilitate transportation:** to doctors and treatments

Case Study: Real People, Real Stories

Elaine moved in with her elderly parents to care for her father who had terminal cancer and now needed living arrangements. Her PHA located a hospice facility with independent living units for her mother, helped facilitate the appointment with the facility's medical director and explained health insurance options.

Join Health Proponent Today!

For only **\$29.95 a year**, you and your entire family* have access to our service. Additional fees apply. Call for details.

 **866.939.3435**

 **Email: answers@HealthProponent.com**
Web: HealthProponent.com

Health Proponent can be accessed 24/7.

FREE
Consultation

30 Day Money-Back
GUARANTEE



HealthProponent®

*Family coverage includes head-of-household, spouse, dependent children, parents and parents-in-law.

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